



	2013	2014	2015	2016	2017	2018	2019	Totals
Gained Weight	165	103	123	178	224	207	330	
Same Weight	24	30	66	78	50	49	94	
0.1% - 4.9%	197	402	409	548	614	623	612	
5% - 9.9%	137	309	246	345	355	322	260	
10% - 14.4%	40	77	65	82	91	72	61	
15% - 19.9%	9	21	21	11	14	13	16	
20% or more	5	8	0	5	0	4	1	
Lost > 0.1 Lbs.	388	817	741	991	1,075	1,034	950	
Total Number of Participants*	3,188	3,158	2,325	2,811	3,109	2,968	2,618	21,618
# People Who Weighed-Out	577	950	930	1,243	1,349	1,372	1,374	7,795
WO Percentage	18.1%	30.1%	40%	44.2%	43.4%	46.2%	52.7%	36.1%
Total Pounds Lost Each Year	4,666.85	9,309.6	7,906.1	10,272	10,628	10,112	8,524.2	61,437
Pounds Lost Per Person	8.09	9.80	8.50	8.26	7.92	7.37	6.20	7.88
* This number included persons who have entered in multiple years *								
2019	Weigh In	Weigh Out	W/O %		Pounds Lost	Pound Per Person		
Teams	697	435	62%		2,695.40	6.196		
Individuals	1921	943	49%		5,828.80	6.181		